Rae of Hope House Expectations

Zero Tolerance Expectations:
1. Zero tolerance for drug or alcohol use. Residents will not engage in illegal substance manufacturing, possession and/ or distribution.
2. Zero tolerance of stealing. This includes taking/ utilizing other residents' food without permission.
   ○ Rae of Hope encourages community cooking, meal planning and shared mealtime in order to increase sense of community.
3. Zero tolerance for property destruction. This includes other residents' property as well as Rae of Hope and Jenna’s Promise property.
4. Zero tolerance for physical confrontation/ physical harm to others. This includes other residents as well as staff.
5. Zero tolerance for verbal confrontation with staff/ other residents.

● Should any of the Zero Tolerance rules be broken, an urgent COSA meeting will occur to determine additional safety planning.

Additional House Expectations:
1. Medications:
   a. Any resident who is prescribed medications must immediately inform the house manager.
   b. All medications will need to be approved by the House Manager.
   c. Upon admission, medications will be turned into House Manager and locked in a safe.
   d. It is expected that all medications be taken as prescribed.
2. As a member of a recovery community and based on the principles of honesty, trust and helping to create a safe and sober environment, Rae of Hope requests that any residents who become aware that another resident is violating House Expectations that this information be reported to Rae of Hope staff.
3. Any visitor to the Rae of Hope property will be asked to leave the property immediately should staff/ residents suspect any use of illegal or illicit drugs, to
include alcohol. Residents who have been asked to leave the home due to their own breach of expectations will not be permitted back on the property.

4. All residents will participate in 60 AA/NA or Group meetings in their first 60 days of residing in the house. Following successful completion of the first 60 days, residents will continue to attend 3 meetings/groups per week for the remainder of their time in the house.

5. Residents are expected to obtain and maintain a sponsor/mentor in the first 7 days that will support them in their recovery throughout the duration of their stay.

6. Residents are expected to attend weekly house meetings. Meetings will be scheduled based on resident availability.

7. Residents are expected to submit drug/alcohol urine screening upon the request of the house manager.

8. Rae of Hope requests that a resident commit to a minimum of 120 day stay.

9. Residents' rooms are expected to be well kept at all times.

10. Curfew expectations include:
    - Sunday- Thursday: 11:00pm
    - Friday/ Saturday: 12:00pm
    - Following successful completion of the first 30 days, curfews may be lifted for employment reasons should the resident be in good standing with Rae of Hope.

11. Residents must return to the home each night for first 60 days. Following successful completion of the first 60 days, residents may be permitted for overnight passes as previously approved with staff.

12. Residents are not permitted to have guests visit the Rae of Hope Sober Home for the first 60 days. Upon successful completion of the first 60 days, residents may have guests visit the Rae of Hope Sober Home as approved by staff.
    - Should permission for visitors be granted, all visitors must leave the property by 10:00pm.
    - Loitering on the property is not permitted.

13. Residents are expected to participate in house chores as assigned during weekly house meetings.

14. Residents are expected to participate in at least 6 hours of productive time daily.
    a. Structured time includes:
       i. Mental Health/Substance use treatment
       ii. Attending medical/community provider appointments.
       iii. Volunteering
       iv. Educational/Vocational training
v. Employment

15. Each resident will be expected to obtain employment or participate in education upon their COSA team determining their readiness. Should it be determined that the resident is not ready to pursue employment opportunities, they should continue to explore alternative ways to engage in productive time.

a. Should a resident obtain employment with unusual job requirements, they should first obtain Rae of Hope staff approval.

16. Residents are not permitted to engage in technology use for the first 30 days unless electronics are required for treatment purposes.

17. In the first 30 days, residents are only permitted to leave the sober home unattended when outing is necessary to meet basic living or treatment needs (groceries, doctor appointments, meeting with providers, attending meetings or meeting with sponsors).

a. All outings should be confirmed with the House Manager 24 hours in advance. Residents are requested to inform the House Manager of the purpose for outing, duration that they will be out of the home and anticipated time they will return to the home.

18. Should residents require transportation from Rae of Hope staff to support basic living or treatment needs, they will request transportation support 48 hours in advance.

By signing below, residents agree to comply with the house expectations and understand that violation of the above expectations may result in scheduling a COSA meeting or being asked to leave the home.

______________________________
Resident Name

______________________________
Resident Signature

______________________________
Witness Name

______________________________
Witness Signature